Regional Allergen Zone 11

States: Eastern CO, KS, NE, ND, and SD

Allergen Groups	Description	Seasonal Calendar											
		Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Trees	Elm, American												
	Maple/Box Elder												
	Ash, White												
	Sycamore												
	Mulberry, Red												
	Oak, White												
	Walnut												
Grasses	Bluegrass, Kentucky												
	Bermuda grass												
	Johnson grass												
Weeds	Plantain, English												
	Sheep Sorrel												
	Ragweed, Short												
	Pigweed, Rough												
	Thistle, Russian												
	Wormwood												
Molds	*Alternaria tenuis*												
	Aspergillus fumigatus												
	Cladosporium herbarum					year around							
	Penicillium notatum												
	Stemphylium botryosum												
	Mucor racemosus												
Dust Mites/Animals	*Dermatophagoides farinae*												
	Dermatophagoides pteronyssinus												
	Cat Hair, Standardized					year around							
	Dog Epithelia												
	Cockroach, American												