# Regional Allergen Zone 3

**States: NC, PA, SC, VA, and WV**

| Allergen Groups | Description | Seasonal Calendar | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | Jan | Feb | Mar | Apr | May | Jun | Jul | Aug | Sep | Oct | Nov | Dec |
| Trees | Elm, American | | | | | | | | | | | | |
| | Maple, Red | | | | | | | | | | | | |
| | Cedar, Red | | | | | | | | | | | | |
| | Mulberry, Red | | | | | | | | | | | | |
| | Hickory, White | | | | | | | | | | | | |
| | Oak, White | | | | | | | | | | | | |
| | Locust | | | | | | | | | | | | |
| | Birch, White | | | | | | | | | | | | |
| Grasses | Bluegrass, Kentucky | | | | | | | | | | | | |
| | Bermuda grass | | | | | | | | | | | | |
| | Bahia grass | | | | | | | | | | | | |
| | Johnson grass | | | | | | | | | | | | |
| Weeds | Plantain, English | | | | | | | | | | | | |
| | Pigweed, Rough | | | | | | | | | | | | |
| | Nettle | | | | | | | | | | | | |
| | Ragweed, Short | | | | | | | | | | | | |
| Molds | *Alternaria tenuis* | | | | | | | | | | | | |
| | *Aspergillus fumigatus* | | | | | | | | | | | | |
| | *Cladosporium herbarum* | | | | | year around | | | | | | | |
| | *Penicillium notatum* | | | | | | | | | | | | |
| | *Stemphylium botryosum* | | | | | | | | | | | | |
| | *Mucor racemosus* | | | | | | | | | | | | |
| Dust Mites/Animals | *Dermatophagoides farinae* | | | | | | | | | | | | |
| | *Dermatophagoides pteronyssinus* | | | | | | | | | | | | |
| | Cat Hair, Standardized | | | | | year around | | | | | | | |
| | Dog Epithelia | | | | | | | | | | | | |
| | Cockroach, American | | | | | | | | | | | | |